"Whatever you dream, begin it, for boldness has power, magic and genius in it." — Goethe

#### Journal club / Evidence based practice

Venue: Barrister Rafiqul Hug Auditorium, 6th floor

Date & Time: 23<sup>rd</sup> January 2024 Tuesday, 8 am

Johann Wolfgang von Goethe

#### THE LANCET

Preparing and Publishing Scientific Manuscripts



#### Dr. Kazi Selim Anwar

MD (Moscow), MPhil (England) Head, Ad-din Recearch Unit (ARU)

Organized by -Medical Education Unit,AWMCH

Teachers of ALL phases are requested to attend the session after managing the OPD/IPD and classes. Preparing and Publishing Scientific Manuscripts

# WHAT IS MANSCRIPT?

A book, document or piece or music by hand written rather than typed or printed.....

## Or,

An author's hand-written or typed text/ document that has not yet been published....

## **Definition of a Scientific Manuscript**

- A scientific manuscript is a written document
- that presents the results of a scientific
- investigation or research study
- It is a **formal record** of:
  - Research Process
  - □ Findings,
  - Analysis

)

- **Conclusion (s)**
- Typically prepared for submission to a scientific
- journal for peer review & potential publication.

## What is Manuscript? ...... Contn... ... in context of scientific research

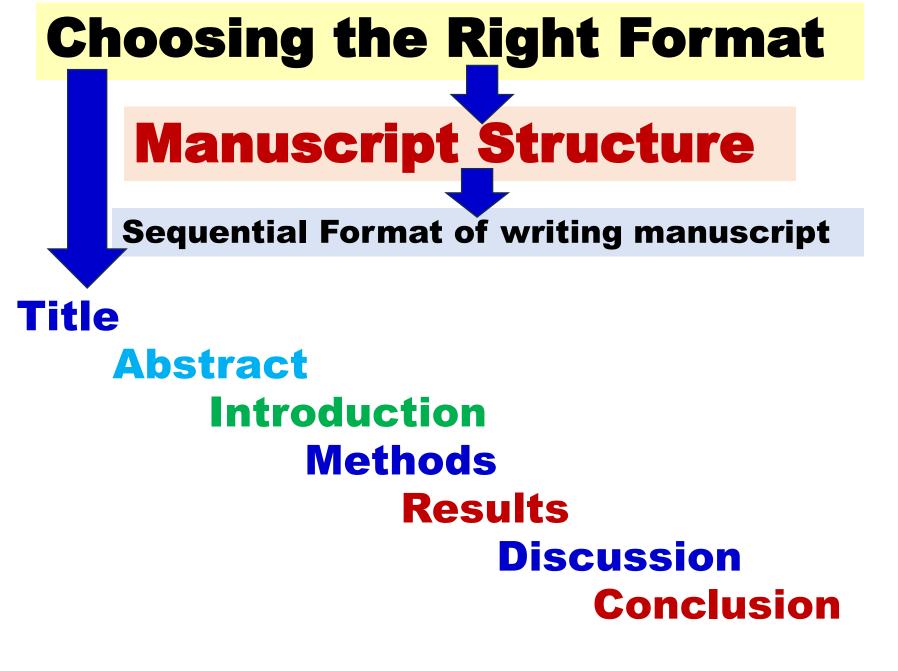
- Manuscript is a detailed & organized
  - document that reports the findings of
  - a research study or experiment.
- ...submitted to academic J → Peer
   reviewed → If Accepted → Published
   in Journals/ Books/ conference paper,
   etc. to share new knowledge with the
   scientific community.

## **Importance of Scientific Manuscript**

- Peer Review and Quality Assurance
- Establishment of Authorship and Attribution
- Supporting Evidence-Based Decision-Making
- Communication of Research Findings
- Catalyzing Further Research
- Building Scientific Careers
- Advancement of Knowledge
- Contributing to Academic Discourse
- Contribution to Global Progress

# **Types of Manuscripts: 3 Groups**

- **Research Manuscript**
- **Editorial Manuscript**
- **Case Study/ Report Manuscript**
- **Short Communication Manuscript**
- **Literature Manuscript**
- **Perspective/ Opinion Manuscript**
- **Thesis/ Dissertation Manuscript**
- **Conference Manuscript**



References

Title and Abstract	Methods	Result	Discussion	Conclusio
<ul> <li>Crafting an Engaging Title</li> <li>Writing a Clear and Concise Abstract</li> <li>Keywords and Their Importance</li> <li>KISS MISS= Keep it Short &amp;</li> </ul>	Detailing Research Design: RRC * Describing Data Collection & Analysis RRC * Ethical Considerati ons (ERC)	<ul> <li>Presenting Findings Clearly</li> <li>Utilizing Tables and Figures Effectively</li> <li>Must avoid Redundancy with Text &amp;</li> <li>Must avoid</li> </ul>	<ul> <li>Interpreting Results</li> <li>Related Findings to Previous Research</li> <li>Addressing Limitations</li> </ul>	<ul> <li>Summarizng Key Findings</li> <li>Highlighting Contribution s to the Field</li> <li>Suggesting Future</li> </ul>
Simple, Make it Scientific & Sound		repetition		Research Directions

### Steps of Publishing Scientific Manuscript-1

1<sup>st</sup>:A well written Manuscript in hand that U want to publish

- 1. Select a Suitable Journal
- 2. Review Journal Guidelines
- **3. Finalize Your Main Manuscript**
- 4. Write a good Cover Letter
- **5. Submit Your Manuscript**
- 6. Subjected to Peer Review 

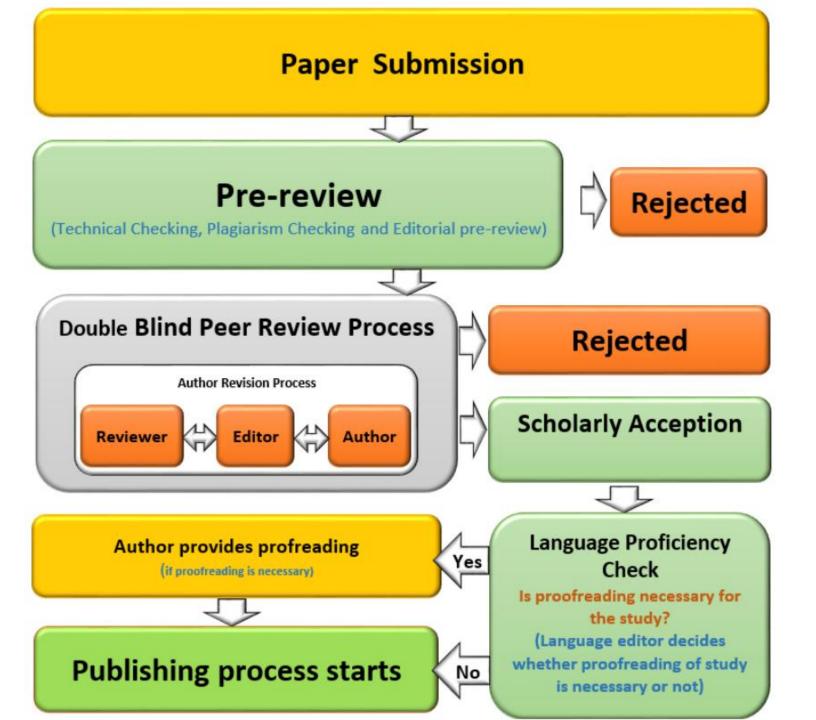
  Reply
- 7. Respond to Reviewer's Comment

#### Steps of Publishing Scientific Manuscript-2

- 8. Final Submission incorporating reviewer's feedback at par
- 9. Acceptance of manuscript
- **10. Proofreading**
- **10. Sign Copyright Agreement**

# 11. Published!!

- 12. Promote Your Work ....
- **13. Post-Publication Activities .....**



# Preparing a manuscript for publication: A User Friendly Guide!

## STEP 1: FINDING THE TIME TO THINK-1

- To write, U need something to say, which requires time to think! What to think about? -> Ans the following Qs:
- . What U want to 'Say' on 'this very topic' -> Ur Key message!
- Why do U care about this? Why U think it so important?
- Who is Ur intended audience...Which type of J U w'd submit?
- Why w'd such audience be interested to read Ur manuscript?

#### STEP 1: FINDING THE TIME TO THINK-2 .... Contn..

#### **Important :**

Find who else might want to work on this paper with you?

#### Note:

Capture these ideas in a notebook, file folder or Ur personal HD or send e-mail to yourself.

**Repeat:** Review & refine answers to edit Ur 'ideas file'.

#### Once your ideas are focused, U R ready to write Ur research manuscript!!

# Welcome to our difficult yet enjoyable world of Science & Research

## **STEP 2: FINDING THE TIME TO WRITE-1**

**'5-mins here & 5 mins there' doesn't work for writing** 

It requires 'real' time to set aside for writing

## The solution is:

Schedule Ur valuable time to write by marking it on your Weekly Planner –a 1 or 2 Hour block once/ twice a week

#### **STEP 2: FINDING THE TIME TO WRITE-2** ...cont....

## When & where to write?

Note: Writing is a Complex Task → Require U at Ur best !! Are U a morning riser? or Can work best at night?

What Environment W'd U prefer to do this complex task – ... A quiet room, Background music, Cup of tea/ Coffee, etc..? To choose the best place to write...Ur office, home or library?

## A 'Do Not Disturb' Sign May Help

## **Introduction & Literature Review**

Three Basic Issues in Preparing Introduction & Background Utilizing a modest & latest Literature Review → Literature Matrix

Articulating the Research Problem
 Establishing Knowledge Gap
 Reviewing Relevant Literature



## **Getting started** (once Ur draft manuscript is ready The next step is to mail it to Ur 'Expert Friend' Co-authors Select Ur best idea $\rightarrow$ Set a deadline for the first draft done. **Focus on key message & organized thoughts/ arguments/counter Next to aid your writing up follow 'AIM-RAD' Format:** Abstract $\rightarrow$ Introduction $\rightarrow$ Methods $\rightarrow$ Results $\rightarrow$ Analysis $\rightarrow$ **D**iscussion. **Preparing the 1<sup>st</sup> and 2<sup>nd</sup> Drafts** → Write your first draft focusing on key message(s)

- → Select Ur Journal for 1<sup>st</sup> submission
- ➔ Discuss with other expert colleagues on 1<sup>st</sup> draft
- → Make revisions → for the 2<sup>nd</sup> Draft
- → Show 2<sup>nd</sup> draft to Ur expert friend→ Revise again if needed

#### **Cautionary Notes**

**Caution 1: The last check before submission** Spelling, Grammar, Ref, Format (as per *J*) Signs of all co-authors

**Caution 2:** New realities – Consents and Ethics Policy Statement: Ethical Conduct for Research Involving Humans Proper approval from RRC (Res Rev Comm) & ERC (Ethical Rev Comm)

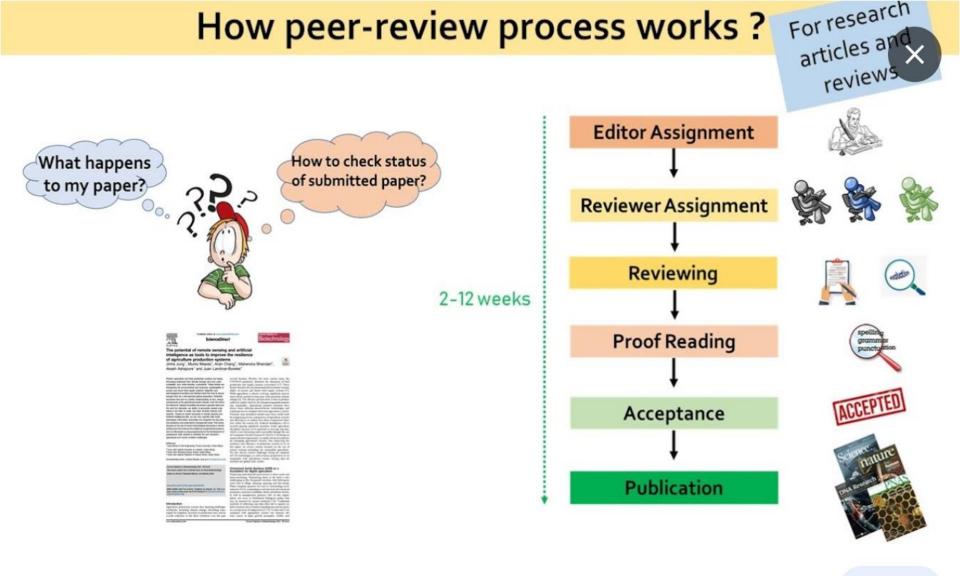
#### **Caution 3: Prepublication use of data**

If any info/data is presented earlier in conf./scn meeting, it must be informed Some *J* offer 'fast-tracking', with electronic version of publications in realtime (i.e., once accepted).

**Timing of publication is imp! It cannot be exposed to media if 'in press', not submitted, under review or accepted in a peer-reviewed journal.** 

#### **Caution 4: Authorship**

**Qualifications** for authorship is much discussed with criteria been developed **Contributors** who are geographically **remote** or moved **away** must be **included**. Spirit of generosity and acknowledgement remains a good practice



How peer review works? From article submission to publishing - YouTube Visit >

https://www.google.com/imgres?imgurl=https://stratfordjournals.org/wp-content/uploads/2023/07/Publishing-a-research paper.jpeg&tbnid=6sD0VjkK5ojAFM&vet=1&imgrefurl=https://stratfordjournals.org/publishing-a-researchpaper/&docid=DKx\_RYgOVresUM&w=1080&h=1080&itg=1&source=sh/x/im/m1/2#imgrc=d-2RoFyWs7iMM&imgdii=2w2GDmpa-H3OJM

#### **Common issues/ problems with manuscripts**

#### **From authors viewpoints**

- Too wordy; too long; contain flaws; text difficult to follow
- Emotionalism; 'getting carried away.. no evidence to support statement
- □ Incomplete Content → insufficient or out-of-date Issues/ Ref/ Facts
- Study limitations: not well stated
- Pre-publication use of data (Presented in full in any Conf or Seminar)
- Conclusions do not fit data

#### From Reviewer's/ Publisher's viewpoints

- Conflict of interest (COI)
- □ Copy editor issues → grammar, spelling, format
- Not interesting to readership of concerned/ selected journal (wrong)
- Ghost writers (not being involved in a manuscript in any way)
- Authorship not fully stated (Authorship declaration form)

## **3 Key Points** For preparing a manuscript more better, stronger & acceptable

- 1) Scientific message: Clear, useful & exciting
- 2) Present & construct message logically Enable reader/ authors to conclude similarly Chose study type best showcase the study
- 3) Enable readers, reviewers & editors grasp the significance of the research very clearly

#### **Best practices for choosing right journals -1**

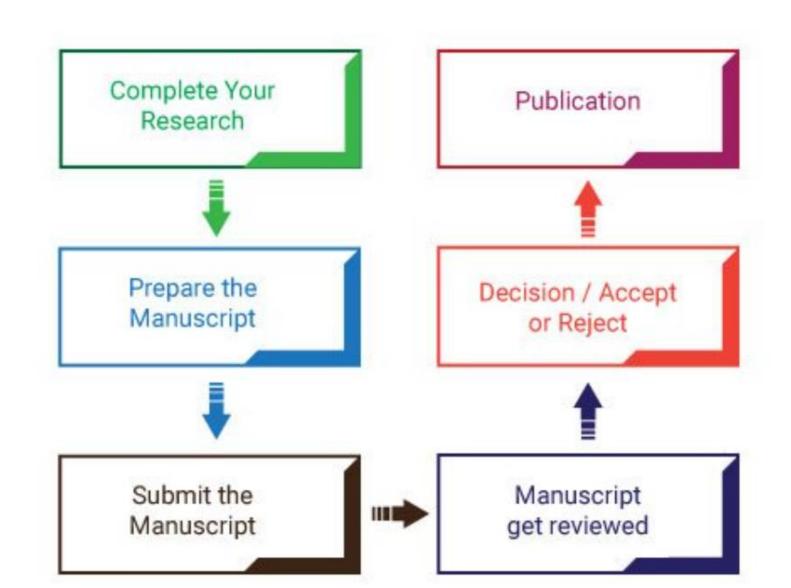
- □ Aim to reach intended audience for your research
- □ Choose only 1 journal (simultaneous submission not allowed)
- □ Supervisors/ expert colleagues can give better suggestions
- □ Shortlist few candidate journals & check its aims, scope, etc.
- □ Also enquire on accepted types of articles, reader, hot topics

#### Some more Tips for choosing right journals-2

- Articles in Ur own ref list will usually lead U directly to the 'right' journals.
- U can investigate journals visiting the homepages on publisher's website.
- Also <u>JournalFinder</u>- a free Al (Artificial-intelligence)powered tool help to filter out good journals by its public speed, Impact, Open access Opt, acceptance rate, etc., to sort out most wanted journal (s) To serve Ur purpose better as t right match.. on which J Ur manuscript be submitted for probabl

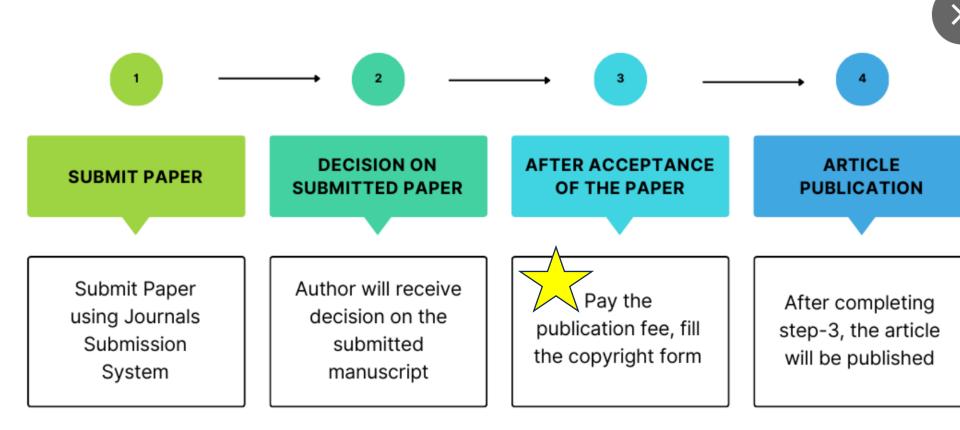
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#### HOW TO PUBLISH A RESEARCH PAPER IN INTERNATIONAL JOURNAL ?



paper/&docid=DKx\_RYgOVresUM&w=1080&h=1080&itg=1&source=sh/x/im/m1/2#imgrc=H54eMSnZpcGMtM&imgdii=9F research-paper.jpeg&tbnid=6sD0VjkK5ojAFM&vet=1&imgrefurl=https://stratfordjournals.org/publishing-a-researchhttps://www.google.com/imgres?imgurl=https://stratfordjournals.org/wp-content/uploads/2023/07/Publishing-a xraQ5baSX5SM

#### **Paper Publication Steps**



https://www.google.com/imgres?imgurl=https://.jpeg&tbnid=6sD0VjkK5ojAFM&vet=1&imgrefurl=https://stratfordjournals.org/publishing-a-researchpaper/&docid=DKx\_RYgOVresUM&w=1080&h=1080&itg=1&source=sh/x/im/m1/2#imgrc=6sD0VjkK5ojAF M&imgdii=H54eMSnZpcGMtM

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#### How to write engaging titles for manuscript?

1 Know your audience

- 2 Use keywords and modifiers
- 3 Use formulas and templates
- 4 Test and optimize

## 5 Here's what else to consider

### **Powered by AI with Linkedin community**

https://www.linkedin.com/advice/0/how-can-you-write-engaging-titles-your-contentae5ec#:~:text=Writing%20engaging%20titles%20is%20crucial,readers%20want%20to%20explore%20further.

## **Crafting an Engaging Title** is crucial to capture audience's attention

**1- Start with a clear understanding of your content and audience.** 

2- Use descriptive language, evoke curiosity, and consider incorporating keywords for SEO (Search Engine Optimization).

**3- Keep it concise and compelling to make it reader friendly** 

# How to Prepare Scientific Manuscript

- 1. Conduct Research
- 2. Choose a Suitable Journal
- 3. Understand Manuscript Structure
- 4. Craft a Compelling Title
- 5. Write a Concise Abstract
- 6. Choose Relevant Keywords
- 7. Develop the Introduction
- 8. Detail the Methods
- 9. Present Results

- 10. Engage in the Discussion
- 11. Write the Conclusion
- 12. Cite References Properly
- 13. Review Ethical Considerations
- 14. Prepare Supplementary
- Materials (if needed)
- 15. Format the Manuscript
- 16. Submit the Manuscript
- 17. Address Peer Review Feedback
- 18. Finalize for Publication

## Understanding the Journal Landscape

- Types of Journals (Open Access, Subscriptionbased)
- Impact Factor and Journal Ranking
- Targeting the Right Journal for Your Manuscript

**Preparing & Publishing Scientific Manuscript** 

From Preparation > to Publication

**Navigating the Scientific Manuscript Journey** 

Navigation- Art & Science of determining the position of a ship, plane or any vehicle, & to guide it to a specific destination.

Navigation requires a person to know ship's or air craft's (relative) location &/or, position.. measure distances on the globe in degrees.... Oct 19, 2023

https://www.google.com/search?q=Meaning+of+Navigating+the+Scientific+Manuscript+Journey&rlz=1C1CHBD\_enJP862JP 862&oq=Meaning+of+Navigating+the+Scientific+Manuscript+Journey&gs\_lcrp=EgZjaHJvbWUyBggAEEUYOTIHCAEQIRigA TIHCAIQIRigAdIBCTE2Mzk0aiBgN6gCALACAA&sourceid=chrome&ie=UTF-8